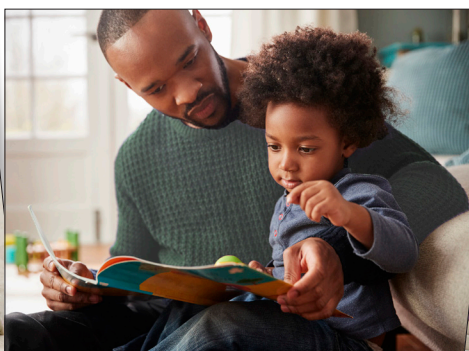


Daily Learning Planner

*Ideas parents can use to help children
prepare for school*

Arvin Union School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. Write a number on a piece of paper. Help your child use clay to mold the same number.
- ☐ 2. Read a story together. In the middle of the story, ask how your child thinks it should end.
- ☐ 3. Clean out a closet with your child. Let him use old clothes for dress-up play.
- ☐ 4. Have your child hold her nose while she eats. Does it affect the taste of the food?
- ☐ 5. Teach your child what to do in case of a fire.
- ☐ 6. Does your child need new books? Consider organizing a neighborhood book swap.
- ☐ 7. Think about a task you usually help your child with. Let her try to do it for herself.
- ☐ 8. Show your child some photos of himself at different stages of life. See if he can tell in which photo he was youngest.
- ☐ 9. Together, make an indoor fort with light sofa pillows or furniture draped with a sheet. Crawl in with some books and read.
- ☐ 10. Help your child measure something with a ruler. Count the inches together.
- ☐ 11. Tonight, ask your child what she ate at each meal today.
- ☐ 12. Ask your child to hop like a bunny, crawl like a turtle or slither like a snake.
- ☐ 13. Plan a backwards meal day. Eat dinner for breakfast and breakfast for dinner. Let your child help plan what to cook.
- ☐ 14. At dinner, have each family member say something nice about every person at the table.
- ☐ 15. Show your child that one color can have many shades. Use paint swatches from paint or hardware stores to demonstrate.
- ☐ 16. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
- ☐ 17. Give your child an example of ways to be safe, such as wearing a seat belt in the car. Can he think of other ways to be safe?
- ☐ 18. Will your child start kindergarten in the fall? Find out when to register.
- ☐ 19. Choose a book with lots of pictures. Instead of reading it, have your child tell you the story based on the illustrations.
- ☐ 20. Let your child invite a friend over today. Beforehand, talk about how to be polite.
- ☐ 21. Gather all your child's stuffed animals. Ask her to sort them by size.
- ☐ 22. Expect your child to pick up toys after play time. Turn on some upbeat music during clean-up time!
- ☐ 23. Play Silly Simon Says. Ask your child to pick up a block without using his hands, or to talk without opening his mouth.
- ☐ 24. With safety scissors, help your child practice cutting paper. Have her cut in a straight line and then a curve.
- ☐ 25. Ask your child to pretend he is going to the beach. What will he need to bring with him?
- ☐ 26. Have your child use blunt-tip tweezers to pick up small items such as pieces of cereal. This builds muscles needed for writing.
- ☐ 27. Go to the library and help your child pick out a book about nature.
- ☐ 28. Take a walk with your child and use all five senses to observe the world around you.